



Live here
Live well.



OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Leasing Office Number 972-357-7329 Sue @ The Salon 972-639-0782	Resident Led Team Led Vendor Led	C= Craft Room T= Theater D= Dining Room B= Bistro		¹ Strength & Balance 10:30 C Butterfly Uprising Book Club 6pm T	² White Berry Wine Happy Hour 4pm D	³ Harvest Market 10am - 2pm Chair Yoga 10:30am
⁴	⁵ Movie: Moneyball 3:30pm Mexican Train 6pm C	⁶ Prayer Circle 1pm T Mah Jongg 1pm Tech Tue 2-3pm	⁷ Five Crowns 2pm	⁸ Strength & Balance 10:30 C ClearSky Bingo 1pm D	⁹ Resident Pie Social 3pm B	¹⁰ Mindful Motion 10:30am Texas VS OU 2pm 
¹¹	¹² Paint & Sip: Spooky Cute 5pm C Mexican Train 6pm C	¹³ Prayer Circle 1pm T Mah Jongg 1pm Tech Tue 2-3pm	¹⁴ Cheyenne BP Check 9:30am B Five Crowns 2pm	¹⁵ Mobile Pawlour Pop Up 10am Strength & Balance 10:30 C Arbonne Wellness Social - 11 am B	¹⁶ Fall Donut Bar Coffee 10 am B	¹⁷ Chair Yoga 10:30am Fall Festival 12-3pm Chili Cook Off
¹⁸	¹⁹ Movie: The Adams Family 3:30pm Mexican Train 6pm C	²⁰ Prayer Circle 1pm T Mah Jongg 1pm Tech Tue 2-3pm	²¹ Five Crowns 2pm Resident Birthdays 4:30-6pm B	²² Strength & Balance 10:30 C Butterfly Uprising Book Club 6pm T	²³ Resident Chick-fil-A on the GO! 12 pm B	²⁴ Mindful Motion 10:30am Forney Falloween Festival 12pm - 5pm
²⁵ Trick Or Treat Residents 4pm D	²⁶ Movie: Hocus Pocus 3:30pm Mexican Train 6pm C	²⁷ Prayer Circle 1pm T Mah Jongg 1pm Tech Tue 2-3pm	²⁸ Five Crowns 2pm	²⁹ Strength & Balance 10:30 C Pup Pawrade & Costume Contest w/ Livewell 5:30pm	³⁰ Emergency 101 Preparation 1pm	³¹ Chair Yoga 10:30am 

Event Descriptions

Butterfly Uprising Book Club: A transformative experience designed to inspire personal growth and renewal. This gathering is more than a book club—it's a place where stories connect people and transform lives.

White Berry Wine Happy Hour: Join us for Happy Hour featuring refreshing White Berry Wine Spritzers and delicious sandwiches! Relax, connect with friends, and enjoy a fun afternoon of great food, drinks, and conversation. Hosted by Real Estate Agent Chastyne Bacey.

ClearSky Bingo: Come join the fun and test your luck! Enjoy an exciting game of bingo and your chance to win prizes.

Texas VS OU: Enjoy pizza, drinks, and one of college football's biggest rivalries on the big screen. Grab your friends, wear your team colors, and get ready for an exciting afternoon of football, food, and fun!

Paint & Sip: Unwind with a refreshing drink while creating your own masterpiece. Bring your creativity and enjoy an afternoon of fun and relaxation. Sign up in the Bistro, hosted by Artist & Life Insurance Broker Troy Wood.

Resident Birthdays: Let’s celebrate you! Join us for our monthly birthday bash as we enjoy some sweet treats and wish all of our residents a very happy birthday.

Emergency Preparation
A retired firefighter is hosting a presentation geared toward getting you and your loved ones ready for unexpected emergencies. Learn what you can do to help first responders in any situation. Cookies & Lemonade served.

Movies

MoneyBall: Moneyball tells the true story of Oakland A’s general manager Billy Beane, who uses statistics to build a competitive baseball team on a small budget. Despite criticism and doubt, his innovative approach changes how professional baseball teams evaluate players.

The Addams Family: This movie follows an eccentric, spooky clan whose world is upended when a man claiming to be their long-lost Uncle Fester arrives, hiding ulterior motives. Its mix of macabre humor, quirky characters, and elaborate gothic style makes it a visual and comedic treat.

Hocus Pocus: The mischievous Sanderson sisters—three witches resurrected in modern-day Salem after 300 years. Brought back to life, the sisters have only one night to steal children's life force to remain immortal. With the help of his sister, friend, and a talking cat, Max races against time to stop the witches before sunrise.

Weekly Highlights

Saturday 10:30am Chair Yoga / Mindful Movement
Starting this month, we are kicking off alternating Saturday sessions Mindful Movement and Chair Yoga. Both are gentle ways to stretch and increase mobility!

Tech Tuesdays
Join us at the Bistro for hands-on help with your smartphones, tablets, and other devices. This is the perfect time to get assistance with your portal.

Tuesday Prayer Circle
Join us in the Theatre for a circle dedicated to Intercessory Prayer led by Ramona. This is a non-denominational prayer group and will be using the Holy Bible.

Thursdays: Water Aerobics
Dive into the perfect blend of high-energy cardio and low-impact toning, bring a towel! Open to all fitness levels